

Men's Size Specifications

Men's Body Measurement Regular Height 5'7"-6'1"

	S	M	L	XL	XXL	3XL	4XL
Neck	14-14.5	15-15.5	16-16.5	17-17.5	18-18.5	19-19.5	20-20.5
Chest	36-38	39-41	42-44	45-47	48-50	52-54	56-58
Waist	30-32	33-35	36-38	39-41	42-44	46-48	50-52
Sleeve Length	32-33	33-34	34-35	35-36	36-37	37-38	38-39

To determine your size in inches, follow the charts above and information below:

Neck:

Measure around the base of the neck.

Chest:

Measure just under arms and across shoulder blades, keeping the tape measure firm and level.

Waist:

Measure under your natural waistline.

Sleeve:

Bend elbow slightly. Measure from center back of neck across shoulder, down outside of arm to the wrist.

